

For your successful communication



Grad. Educationalist Lydia Kliche

Business Communication Coach
Personal Coach, Consultant

Lydia Kliche is specialized in the topics **Personality, Appearance, Effect, Charisma** and **Assertiveness**.

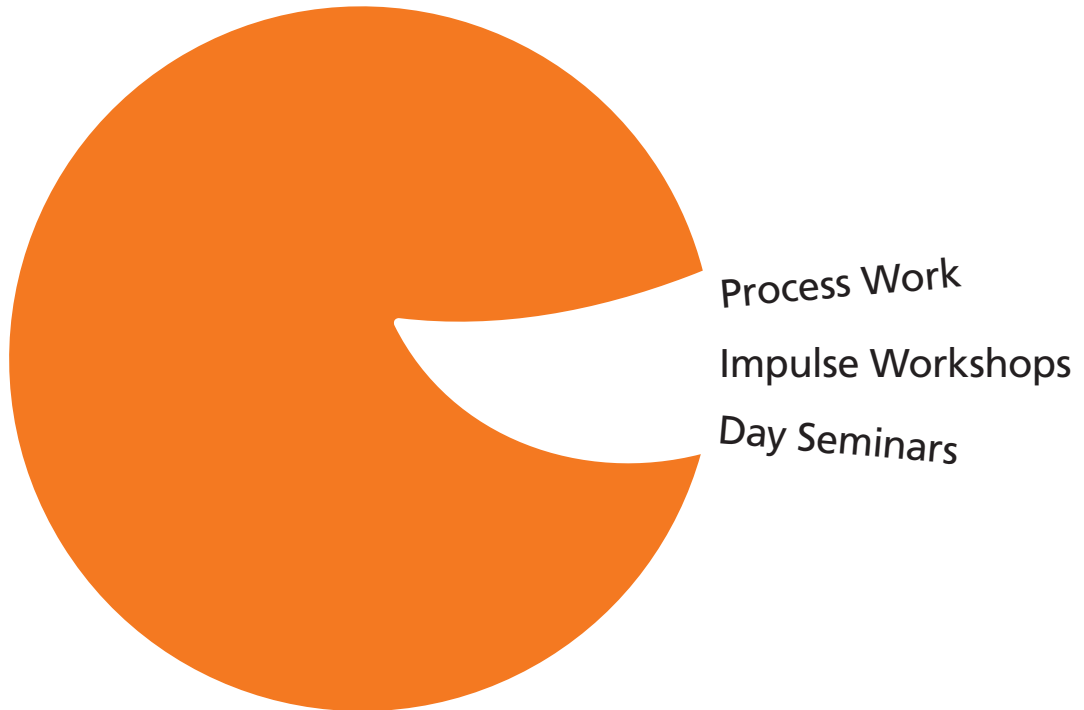
For more than 12 years she accompanies managers, executives and employees from companies in individual trainings successful throughout germany in change processes, in the potential development, referring to internal and external communication and career strategies.

Arrange a free preliminary talk on the phone by email.



develop. Coaching Frankfurt

Basaltstraße 8 • 60487 Frankfurt
Phone 0049 (0)69 - 67 80 82 10
info@develop-businesscoaching.de
www.develop-businesscoaching.de



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COACHING FORMATS

Process Work – several months, in development issues

- In preparation for leadership
- In the management consulting area
- For individual topics

Day Seminars – throughout Germany

- Extensive punctual accompaniment

The coachings will be given in German and English and are tailored to **individuals**.

DAY SEMINARS

The day seminars in individual training format are suitable for preparing important business presentations, job interviews and events on the management level. Build on already gained experience or let yourself be spontaneously inspired!

YOU EXPERIENCE

Holistic communication analysis, involving the body, mental activity and emotions:

- Elements of the **Functional Voice Training** and Voice-Language Coaching
- Body-Vocal Improvisation Work
- **Speech- and motion analysis**

- Bodywork: **Body-Alignment**, length and width in the physical experience according to F.M. Alexander, breathing well and **relaxation techniques**
- Mental work and free reflection
- Creativity techniques
- The **holistic exploration** of a critical topic in your communication

WHAT YOU TAKE WITH YOU

- Fitting ideas for a **stable yet flexible standing**, free walking, the „nourishing“ physical erection
- Inspiration for the **free speech** and the **secure performance**
- New approaches to a conflictual topic
-> overall the sustainable preparation for an upcoming appointment

METHODS

The coaching is not restricted to certain methods and works according to the resources, limitations and desires of each participant.

For more information please visit
www.develop-businesscoaching.de.